

July/August 2004



Independence Day

Membership Drive

Awards are being given for the member that brings in the most new members on the Services membership drive that runs until July 15th. Still looking for the winner!

Get into ATWIND

Around the World in 90 days kicked off the first of June and runs through August. Great prizes for the winners.
www.atwind.com
or call 888-597-9960

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Minn-St Paul ARS SERVICES Courier

Combat Support & Community Service

Services earns four AFRC Award

The 934th Services Squadron dominated the 2004 Air Force Reserve Command's individual Services awards this year with four winners out of eleven categories. The four winners include the Services Commander, Maj. Scott Calvert, Field Grade Officer of the Year, Margo Leslie, Senior Civilian Manager of the Year, Tamara Davis, Civilian Facility Manager of the Year and Naema Abdullahi, Civilian Technician of the Year.



Maj. Calvert and Ms. Leslie, the Services leaders are proud of their efforts to build one team with civilians and reservists to accomplish the Services mission. "The awards are a result of the squadron's energy and commitment to the wing", Maj. Calvert said. Ms. Davis' peers were not surprised she received this award for the second year in a row. Ms. Davis, the North Country Lodge manager oversaw the third phase of the construction of the new \$28 million lodging facility and the closing of the old facility. Ms. Leslie described Ms. Davis as a "dynamic leader". Ms. Abdullahi is a lead housekeeper for lodging and has "outstanding pride and professionalism" said Ms. Davis. Congratulations!



Check out the new O' Club Bar Menu

Member's First Programs



18 August
Membership Night
21 July
2 for 1 Buffet



Mongolian Barbeque

14 July
25 August



E' Club Pizzeria
Grand Opening 9 July
Wednesday-Saturday
4-9 pm
Orders taken until 8:30



**IMPORTANT NUMBERS!**

General Info: 612-713-1655
 Catering: 612-713-1674
 wendie.oringderff@minneapolis.af.mil
 General Manager: 612-713-3670
 Membership: 612-713-1680

ENLISTED CLUB**Hours of Operation****Closed Sun/Mon & Federal Holidays**

Lunch Tue-Fri 11:00-12:30
 Bar Menu Available Fri 5:30-8:30
 Open to 9 p.m. on UTA Weekends

***Dinner available at O' Club
 Wed-Sat**

Lounge

Sun, Mon, Tues Closed
 Wed - Thur 4:00-9:30
 Fri & Sat 4:00-Midnight

***Bar Menu Available Fridays only
 *Bartenders may close early if no
 patrons in lounge.**

The Caterer's Corner

Summer has finally arrived and the BBQ's have been fired-up. All our kids have graduated and the blushing brides have returned from the tropics. Now it's time to plan for the up-coming holidays. The Enlisted club is now taking reservations for office, squadron, and family holiday parties. Dates are limited so call Wendie at

(612) 713-1674 soon for the best party ever! Book your party on a Tuesday, Wednesday or Thursday evening and choose from our light buffet, originally \$17.95 for only \$15.95 per person! What a deal!!!

If you haven't tried Thursday "Theme Buffet" and Fridays "all you can eat" fish buffet at the Enlisted club, it's time to tempt your taste buds! Only \$5.95 for members! Come in once and you will be back each week, it's that good.

Do you have a special birthday, anniversary, bar mitzvah, or wedding coming up? The Enlisted club is available to cater all your functions, large or small. Call Wendie today to reserve your special date!!!

**Book your party on a Tuesday,
 Wednesday or Thursday evening
 and choose from our light buffet,
 originally \$17.95 for only \$15.95
 per person !**

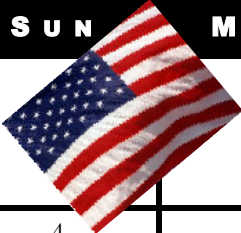
Special Events:

21 July, **2-4-1 Buffet**, Held at the O' Club

17 August, **Hog Roast**, Held at the O' Club, Sponsored by the Flower & Garden Club, Social 1700, Dinner 1800, \$15.00, buy your tickets by 9 August.

18 August, **Membership Night**, Held at the O' Club

ENLISTED CLUB LUNCH MENU—JULY

SUN	MON	TUE	WED	THU	FRI	SAT
	Pizza Served Wed-Sat 4-9 pm			1 BBQ Buffet	2 <u>No Lunch</u> Bar Open 4 pm	3 Club Closed Enjoy your 4th of July Weekend
4 Independence Day Club Closed	5 Club Closed	6 Chicken Kiev	7 Swedish Meatballs	8 Southern Buffet <u>UTA Thursday Night Buffet/Lounge</u>	9 Fish Buffet Pizzeria Opens!	10 <u>UTA D.J. 8 pm</u> Navy "A" Lounge Opens 4 pm
11 <u>UTA</u> Navy "A"	12 Club Closed	13 Country Fried Steak Tulsa	14 Meat Loaf	15 Mexican Buffet	16 Fish Buffet	17 Lounge Opens 4 pm
18 Club Closed	19 Club Closed	20 Ham Steak	21 Roast Beef	22 German Buffet	23 Fish Buffet	24 Navy "B" Lounge Opens 4 pm
25 Navy "B"	26 Club Closed	27 Pork Chop Omaha	28 Beef Chow Mein	29 Italian Buffet	30 Fish Buffet	31 Lounge Opens 4pm

DOVER, Del. - After 14 straight months as mortuary chaplain at Dover Air Force Base, Lt. Col. John W. Groth still can hardly bear the sight of young men and women torn to pieces. What upsets him most is the body that doesn't have a mark on it, as if the soldier or Marine had just fallen asleep. "You should be able to walk over, snap your fingers, and say: 'Wake up.' But, obviously, you can't. For me, personally, that's harder - because you think: 'Why did this happen?'"

Groth, 45, a balding, 6-foot-7 Presbyterian minister, a father of three, and an Air Force reservist, has seen more of death than anyone ever should. He is the supervising chaplain for the 512th Airlift Wing at the Dover air base, which is where all American war dead from Iraq are given autopsies and prepared for burial.

A 2002 study of 358 people who worked at the Dover mortuary during the 1991 Gulf War found that they were prone to all the stresses of combat: anger, sleeplessness, alienation.

Groth has learned that sometimes the chaplain himself needs a chaplain. After his first stint in the mortuary, he said, he barely made it to his car. He stopped in a church parking lot and used his cell phone to call his wife at their home in Ewing, N.J. "I was shell-shocked," he said. "As soon as she got on the phone, I started to cry." That night, he said, he found himself unable to pray. "I felt like there was a soundproof wall between God and myself." He opened his Bible and came to Psalm 27, which in his preferred New International Version ends with these words: "I am still confident of this: I will see the goodness of the Lord in the land of the living. Wait for the Lord; be strong and take heart and wait for the Lord." He recalled: "It hit me: 'I am in the land of the dead right now.'" What keeps him and others going, he said, is a sense of obligation to the dead and their families.

"The folks that are doing the processing know it's a very honorable thing they do," he said. "And they want to do it." Only eight people are assigned full time to the mortuary, which, since October, has been housed in a new \$30 million building. The workforce swells when tragedy happens. Members of the Dover Services Squadron - whose regular duties might be working on a chow line or in a base hotel - are called in, along with reservists from off the base. The number of workers grew to more than 200 after the 9/11 attack on the Pentagon. The bodies of 188 people killed there were sent to Dover. Since then, the workload has fluctuated with the pace of war operations. More than 785 bodies have arrived from the Iraq theater, plus 84 from areas in and around Afghanistan.

Groth, who supervises three fellow chaplains and four chaplain assistants, said his team often reports for duty ahead of orders when it hears of military disaster on the news. He said he prefers not to watch TV or read the paper immediately after a crisis because he doesn't want to see a dead soldier's picture or images of the person's spouse and children. He's not sure he could stand it if he did.

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ENLISTED CLUB LUNCH MENU—AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
1 Club Closed	2 Club Closed	3 Polish Sausage & Kraut	4 Meat Loaf	5 BBQ Buffet UTA Thursday Night Buffet/Lounge	6 Fish Buffet	7 <u>UTA</u> DJ 8 pm
8 UTA Club Closed	9 Club Closed	10 Taco Salad	11 Sweet & Sour Pork	12 Limited Lunch Menu CWF Corn Feed	13 Fish Buffet	14 Lounge Opens 4 pm
15 Club Closed	16 Club Closed	17 Italian Sausage & Peppers	18 Beef Stroganoff	19 Mexican Buffet	20 Fish Buffet	21 Navy "A" & "B"
22 Navy "A" & "B"	23 Club Closed	24 Chicken Breast w/mushrooms	25 Swiss Steak	26 German Buffet	27 Fish Buffet	28 Lounge Opens 4 pm
29 Club Closed	30 Club Closed	31 Pot Roast			E' Club Advisory Board Meeting August 26th, 10:30 am	

Tax Day Lunch Winners

We had each tax bracket covered and the winners were

Don MacElroy
Rick Smasal
James Beltz
James Gustafson
Robert Willey

Twin's Ticket Winners at the Clubs

April 30

Louis Pilney
Chuck Keller

May 22

Morrie Henjum-
Barb Schacht
Donald Nordmeir
Erv Dufort

Hello Members

Here we are at the height of the summer with so much to do before fall sets on us. Our Flower & Garden Club Annual Hog Roast is soon upon us with all its fun and frivolity. It is always a pleasure to have you, our members and your guests, attend these special events.

I would like to take this opportunity to thank the following members of the Flower and Garden Club for their hard work cleaning, weeding and planting the beautiful flowers at the Officers Club: Terry Baker, Sandy and Cal Blomquist, Ken Clough, Tom, Mary Ellen, and Kay Mikwold, Ed Pickler, Ray Schroeder, Jim Swanke, Jim VanDriel and Jack VanEtta. We will think of you throughout the summer with all the new blooms.

We hope you plan to attend the grand opening of the Enlisted Clubs pizza parlor on Friday, July 9th from 3 pm to 6 pm. Enjoy free pizza, reduced beverage prices and prize drawings. Along with our new pizzeria, the Enlisted Club will have a new bar menu for your enjoyment. Hope to see you there. Josie Cooper, GM

**Join us for Social Hour and
Bingo at the Enlisted Club
Friday Evenings 5:00 pm**



IMPORTANT NUMBERS!



General Info: 612-713-3678
Reservations: 612-713-3678
Catering: 612-713-3672
oclubcaterer@starband.net
Lounge: 612-713-3676
Membership: 612-713-1680
General Manager: 612-713-3670

Special Events July

21 July, **2-4-1 Buffet**, Held at the O' Club

August

17 August, **Hog Roast**, Held at the O' Club, Sponsored by Flower & Garden Club, Social 1700, Dinner 1800, Purchase tickets by 9 August.
18 August, **Membership Night** Buffet, Held at the O' Club

OFFICERS CLUB DINNER MENU—JULY

SUN	MON	TUE	WED	THU	FRI	SAT
	The E' Club Make sure you try some soon! now serving pizza			1 Bar Menu	2 <u>No Lunch</u> Bar Opens 4 pm Bar Menu	3 Club Closed
	4 Club Closed	5 Club Closed	6 <u>Limited Lunch</u> Bar Menu	7 Mexican Buffet	8 Bar Menu	9 Fish Fry
	11 Club Closed	12 Lounge Opens 4 pm	13 Bar Menu	14 Mongolian BBQ	15 Bar Menu	16 Fish Fry
	18 Club Closed	19 Lounge Opens 4 pm	20 Bar Menu	21 2-4-1 Chef's Choice Buffet	22 Bar Menu	23 Fish Fry
25 Navy "B"	26 Lounge Opens 4 pm	27 Bar Menu	28 USA Buffet	29 Bar Menu	30 Fish Fry	31 Prime Rib

OFFICERS CLUB**Hours of Operation**

OfficersClub@starband.net

DINING ROOM**Lunch**

Tuesday-Friday 11 am to 1 pm

Dinner

Wed, Fri & Sat 5:30 to 8:30 pm

Lounge Menu only Tues & Thur

LOUNGE

Monday - Thursday 4 pm to 11 pm

Friday & Saturday 4 pm to Midnight

Club Closed Sun (all day)**Club Closed Mon (Lounge opens 4 pm
Pizza only)*****Lounge Menu Available Tue-Sat 4-9 pm
Lounge will open at lunch upon request
(minimum requirement)****O' Club Advisory Board Meeting**

August 25th 10:30 am

Featured Services Employee - Bill Garside

Bill is a Fitness Specialist at the Fitness Center. He enjoys collecting etopps internet sports cards. Etopps are available in a limited edition and are high quality cards maintained in an online portfolio. If you have your cards delivered, each comes in a custom-designed, serialized hard acrylic case. It represents a stock market/sports card collecting experience for all major sports. Bill had a funny experience after he started working with the fitness center. CE came over to do some repairs in the women's locker room.

When they knocked on the door to make sure nobody was there, they could hear a man singing. When they went inside, there was a male in the shower. Needless to say, he was quite embarrassed to learn he was in the wrong locker room. Bill likes working for the fitness center because he gets to meet people from all branches of the military. Most people visiting the fitness center are highly motivated and have positive attitudes. This makes the job easier. Bill served in the AF at RAF Chicksands, England; FE Warren, WY; Misawa, Japan, and Chanute, IL.

Make sure to congratulate Bill when you go to work out!

OFFICERS CLUB DINNER MENU—AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
1 Club Closed	2 Lounge Opens 4 pm	3 Bar Menu	4 Italian Buffet	5 Bar Menu	6 Fish Fry	7 Prime Rib
8 Club Closed	9 Lounge Opens 4 pm	10 Bar Menu	11 Membership Night	12 Bar Menu	13 Fish Fry	14 Prime Rib
15 Club Closed	16 Lounge Opens 4 pm	17 Hog Roast 1700	18 BBQ Buffet	19 Bar Menu	20 Fish Fry	21 Prime Rib
22 Club Closed	23 Lounge Opens 4 pm	24 Bar Menu	25 Mongolian BBQ	26 Bar Menu	27 Fish Fry	28 Prime Rib
29 Club Closed	28 Lounge Opens 4 pm	29 Bar Menu	30 German Buffet			



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Bringing Dignity To Casualties Of War

"In the worst times, the mortuary can handle 24 bodies at once. After being unloaded from cargo planes, remains are scanned by an X-ray machine to make sure they carry no unexploded shells. They then are moved to a room where positive identification is made - if possible, by fingerprints; otherwise, by dental records or DNA. Bodies are scanned again to help determine the manner of death. Some obviously had been shot or blown apart. But analysis goes deeper than that. The military wants to know what kind of damage bullets and bomb fragments do. It wants to know how body armor could be made better.

Defense Department pathologists perform the surgical work of autopsies. Licensed embalmers perform the embalming. The remains are dressed in a crisp new uniform with medals gleaming. Mangled bodies may have to be wrapped in plastic, with uniforms laid on top.

Workers cope with the ordeal in different ways, Groth said. New workers typically assume that handling bodies is the most stressful task. But some discover that they would rather do that than handle a soldier's personal effects: his ring, his watch, his wallet with pictures of his girlfriend and his mother. "I think that's the hardest job," Groth said. "A wallet is a little window into your living life."

The chaplains are part of what the military calls a critical incident stress management (CISM) team. The team includes others trained to help workers avoid post-traumatic stress disorder.

"When newcomers are in there for the first time, they almost feel like they're going nuts," Groth said. "They will break into crying at a moment's notice, and they're not sure why. We point out to them that they are having ordinary reactions to an extraordinary situation." Groth often walks up and down the line trying to gauge workers' stress. A worker who can cope most of the time may sometimes be overpowered by a particular thing, he said - maybe a name that rings a bell, maybe a face that looks like a friend's. "You are faced with images you will never get rid of," Groth said. "They will diminish over time, but you can be watching a movie, you can smell a smell - boom, it's all right back."

As with the soldiers who were in combat, mortuary workers often can talk about their experiences only with others who were there. Groth said this sometimes applies to himself. "When I feel overwhelmed, I get on the phone. And who do I call? I call one of my chaplain's assistants who was in it with me."

A reservist for 16 years, Groth first worked in the mortuary after the bombing of the U.S. Embassy in Nairobi, Kenya, in 1998. On active duty since March of last year, he gets home less than he'd like. He often works six or seven days a week. But at least he can get out of the mortuary now and then.

The chaplains have a box truck they call the "holy roller." They use it to deliver drinks and snacks to crews maintaining airplanes at the base. "You have to have a break," he said. But he said that being stressed out by mortuary work isn't entirely a bad thing. "I personally want to avoid becoming hardened - starting to think of [the dead] in terms of numbers, or just a process. "We use the word process, but... it is a sacred trust almost."

In June, members of the 934th Services Squadron completed a 90 day deployment to the Port Mortuary at Dover AFB.

Higgins Camper Rentals & Sales would like to offer Military active duty, guard & reserve personnel a military discount on rentals of tent campers.

Contact the Fitness Center at 612-713-1665 for more information.

North Country Lodge Wins AFRC 2004 Innkeeper Award In June, they competed for the Air Force Award!



Winner to be Announced in August!

The Air Force Innkeeper Award is an Air Force-wide competition recognizing lodging operations that provide the most outstanding hotel type lodging and customer service to Air Force travelers. North Country Lodge competed for this award against eight active duty bases in June. The goal was to show that our reserve base can represent lodging corporate standards. Without our teams fantastic customer service commitment we couldn't compete with the active duty bases. The lodging facility staff worked very hard to reach this level of competition and your support as a customer has been appreciated. Hopefully we will have bragging rights in the next Courier!!



Mr. Gerald Cardinal the AFRC Services Director presented the Innkeeper AFRC trophy to the 934th Airlift Wing Commander, Colonel James Muscatell, JR..



From left to right—Maj. Scott Calvert, Ms. Margo Leslie, Mr. Gerald Cardinal, Ms. Tamara Davis, Col. Teresa Hams, Ms. Lynda Mikanowicz, Col. James Muscatell, JR.

North Country Lodge:

Policy change to Space Available (SA) Reservations Window: Lodging may accept and confirm reservations for Priority 2 SA guests up to 30 days in advance of the arrival date. Reservations may be made for up to three-nights, space permitting based on actual and projected occupancy.

Reservations: 1-888-AF-Lodge or (612) 726-9440 **Cancellations:** (612) 713-1007.

Web page <http://www.afrc.af.mil/934aw/Lodgingweb/lodging.htm>

FITNESS CENTER

612-713-1496

HOURS OF OPERATION

Sun 0800-1600
Mon- Thurs 0500-2100
Fri 0500-1900
Sat 0800-1700

CLOSED FEDERAL HOLIDAYS



Discount Tickets

612-713-1496

Air Force Travel
www.afttravelonline.com

**Colorado R&R USAF
Academy Travel Service**
www.coloradorandr.com

Outdoor Recreation Equipment Rental



Grand Opening

**of our new Equipment Rental
Center
6 August 04**

New kayaks available for rent ,
call x 1496 to reserve



Wednesday (between 0730-0930) is Breakfast Meeting day



By calling the caterer at the Enlisted Club, you may set up a Wednesday breakfast meeting. The menu is predetermined and the cost is \$6.95 each. You must set up your meeting by Wednesday, the week prior.
Call Wendie at (612) 713-1674 or e-mail her at wendie.oringderff@minneapolis.af.mil to make arrangements.



934th Services Squadron
760 Military Highway
Minneapolis, MN 55450
Official Business

Courier on-line!
www.afrc.af.mil/934aw



Officer's Spouses Club

Wishing you all a wonderful summer from the Officers Spouses' Club. We will see you at the luncheon on September 16th. Bridge will continue through the summer.

- Tuesday Bridge: 2nd & 3rd Tuesday each month at 10 am. Call Germaine Reuter-dahl for more details at 952-881-0107
- Evening Bridge: 1st & 3rd Wednesdays each month at 7 pm. Call Diane Lerohl 952-935-4467 or Roberta Gronemann 763-494-3517
- New members always welcome. Contact Lee Claar at 952-831-5252

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Name the Pizzeria!

Josie is starting up a pizzeria at the E' Club. Services would like you to come up with a good old fashion Italian name i.e. La Dolce Vita Pizzeria (The Sweet Life) or IL Bacio Pizzeria (The Kiss).

You can call Josie (612) 713-3670 or e-mail your pizzeria name ideas to giuseppina.cooper@minneapolis.af.mil Josie would like to have the new name by the time we have the grand opening on July 9th. This doesn't give you much time to get your names in. So put on your thinking hat and try to name that pizzeria! We are hoping the pizzeria takes off and we are busy delivering pizzas to all the offices on base. Start planning your pizza parties now.

You will be able to order a combination, pepperoni, sausage and cheese pizza. There will be additional toppings to add.

Other Italian dishes will be served as well so look for pastas and a meatball sub to be added to the new bar menu.

